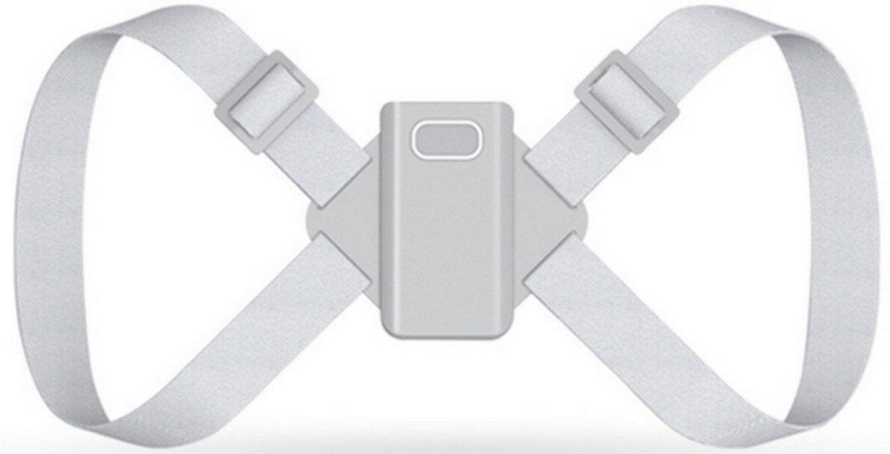


Non GUI

# SitRight Back Brace





**Introduction**



**Storyboard**

## Elevator Pitch

Do you sit at a desk all day leaning in to the computer, staring down at your keyboard, or slumped in your chair? These are all examples of poor posture. SitRight can be particularly beneficial for individuals looking to improve posture and relieve back, neck, and shoulder pain. It provides real-time reminders and recommends exercises to improve posture. If you're looking to maintain optimal spinal health, this product will be right for you.

## Characteristics



Customizable  
Vibrating Reminders



Comfortable and  
Breathable



Compact and  
Lightweight

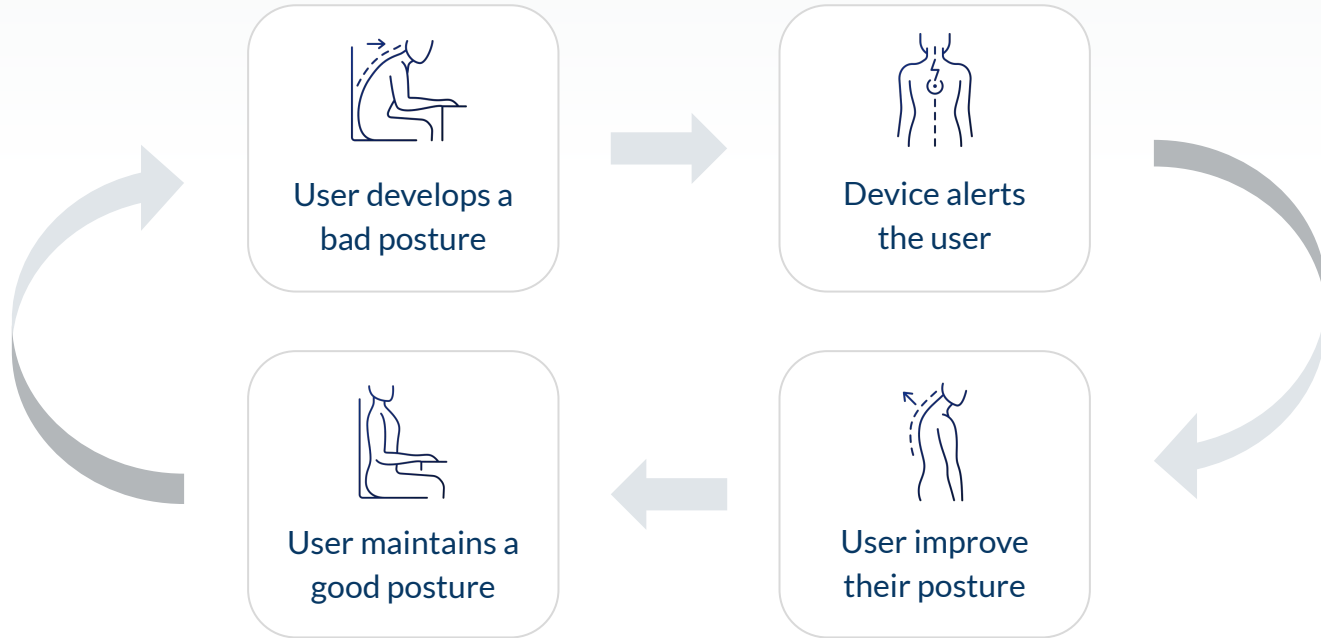


Large Battery Life



Adjustable Strap

## How it works?



Introduction

**Storyboard**

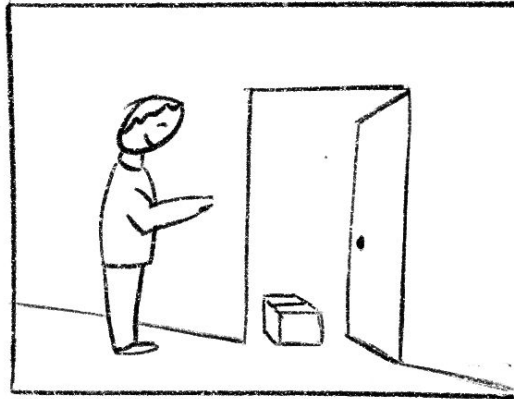
Risky  
Assumptions

# 01



Jim decides to buy the wearable device after seeing the positive results from the mobile app

# 02



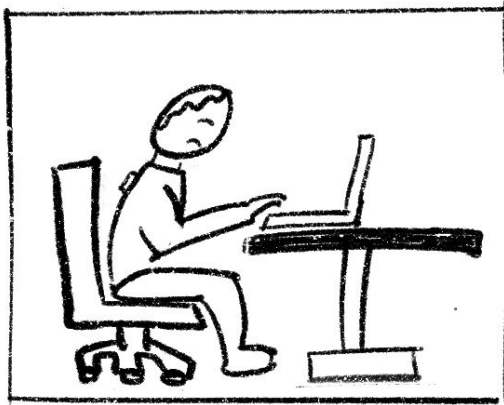
The wearable device is delivered right to his door

# 03



Jim puts on the device and begins to use it

# 04



While working on his laptop, Jim adopts an unhealthy posture

# 05

Trigger



The device detects Jim's poor posture and vibrates to alert him

# 06

Action



As Jim corrects his posture, the device turns off the alert and plays an encouraging tone



# 07



Jim returns to work with a healthy posture

# 08

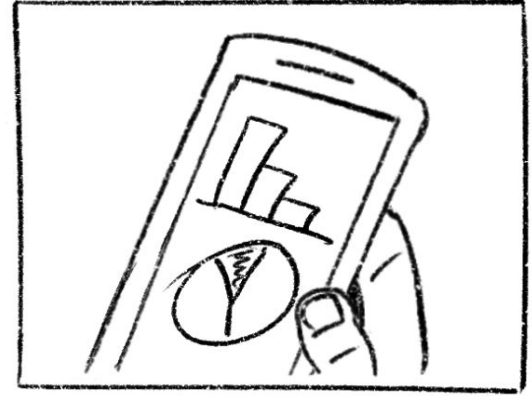
Variable Reward



Jim receives rewards over the app for maintaining a healthy posture

# 09

Investment



Jim can track his progress over time and get tips on improving his posture permanently

Storyboard

**Risky  
Assumptions**

Pretotyping  
Study

# Risky Assumptions

Diagram

Summary



Desirability

Feasibility

Viability

# Risky Assumptions

---

Diagram

Summary

- **The vibrations from the device encourage the user to improve their posture.**

**Statement:** At least 80% of people sense the alert and instantly improve their posture

**Experiment:** I'll use the Mechanical Turk approach to test this theory. I'll strap a phone to the subjects' backs and activate the alert manually.

- **People actually need a device to improve their posture**

**Statement:** At least 20% of people will be interested in a product that help them to improve their posture

**Experiment:** To test this theory, I'll use the Fake Front Door approach. I'll make an Instagram account and a landing page to test the Initial Level of Interest of the product

Risky  
Assumptions

**Pretotyping  
Study**

# Mechanical Turk: Feasibility

---

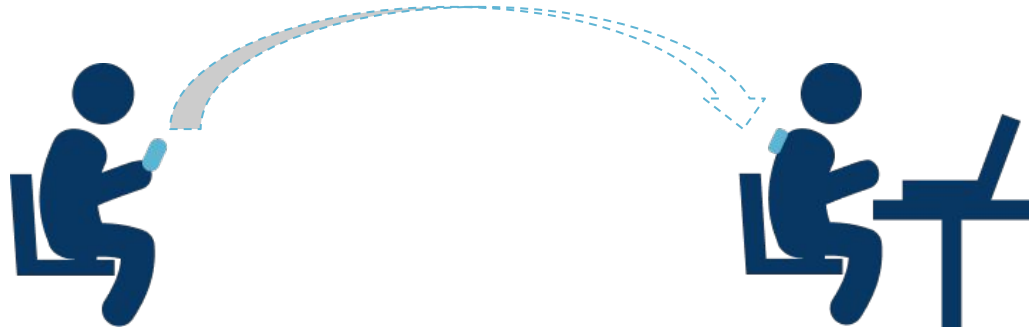
## Experiment

Recruitment

Results

Feedback

1. The actual device has been replaced in this scenario by a small light weight mobile phone that will be strapped to the participant's back.
2. When the participant attains a bad posture, I'll use my phone to send an alert to the other phone, prompting the participant to correct their posture.



# Mechanical Turk: Feasibility

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Experiment

Recruitment

Results

Feedback

## Participant 1

### **Role:**

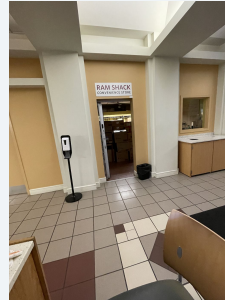
Receptionist

### **Nature of work:**

Working on a laptop, moving around the workplace

### **Environment:**

Noisy



## Participant 2

### **Role:**

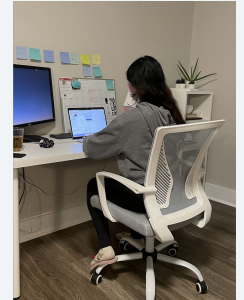
Copywriter (WFH)

### **Nature of work:**

Working on a laptop, writing notes

### **Environment:**

Quiet



# Mechanical Turk: Feasibility

---

Experiment

Recruitment

**Results**

Feedback

## Participant 1

### **Role:**

Receptionist

### **Nature of work:**

Working on a laptop, moving around the workplace

### **Environment:**

Noisy

## Results

### **Duration:**

1 hour

### **Average frequency:**

9 mins

### **Response to alerts:**

86%

## Participant 2

### **Role:**

Copywriter (WFH)

### **Nature of work:**

Working on a laptop, writing notes

### **Environment:**

Quiet

## Results

### **Duration:**

1 hour 30 min

### **Average frequency:**

6 mins

### **Response to alerts:**

94%



# Mechanical Turk: Feasibility

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Experiment

Recruitment

Results

**Feedback**

## Feedback

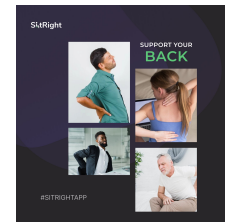
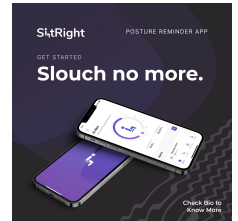
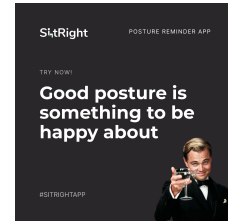
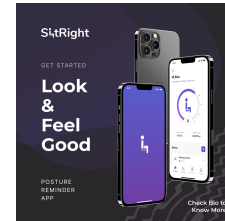
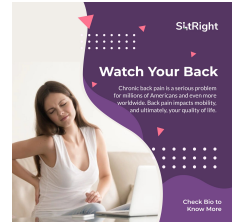
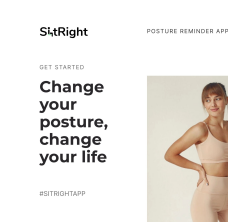
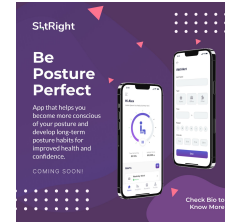
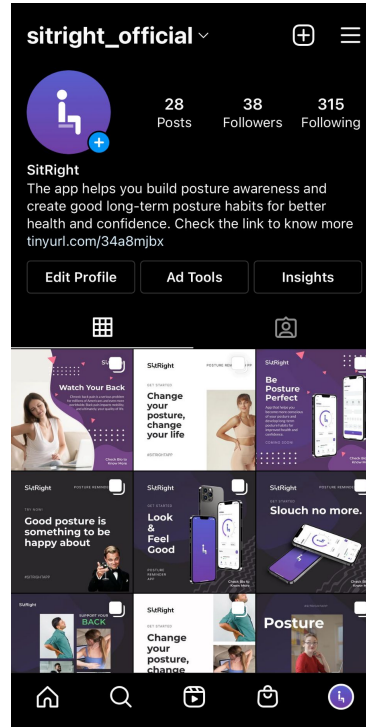
1. After a while, the **alert tone** can become bothersome. The vibration alert would be sufficient to encourage the user to correct the posture.
2. Wearing **the brace** could be a hassle. The device could most likely attach itself to the user's clothing or garment.
3. There may be movements in the workplace that cause the user to shift their posture on a regular basis. Allow the user to choose the **alert delay**.

# Fake Front Door: Desirability

## Instagram Page

## Landing Page

## Results



# Fake Front Door: Desirability


---

Instagram Page

Landing Page

Results

Upgrade your website to remove Wix ads [Upgrade Now](#)


 SitRight

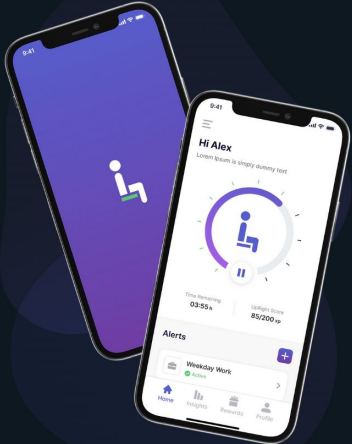
## We're Coming Soon!

The app helps you build posture awareness, strengthen your core muscles, and create good long-term posture habits for better health and confidence. We also have a compact personal posture trainer device that sits on the upper back and gives instant posture feedback. When you slouch, the device gently vibrates to remind you to sit right.

We are almost ready to launch! Be the first to know

Email \*





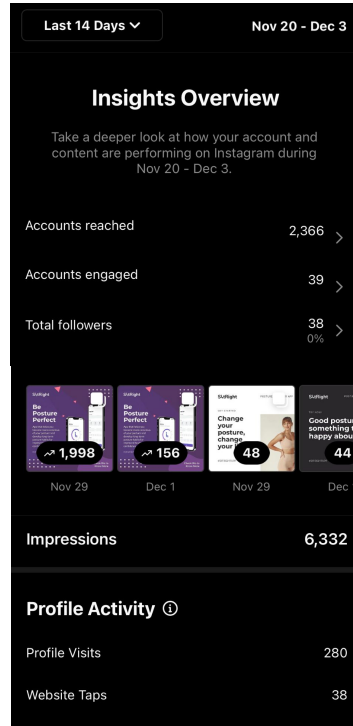
[Visit Page](#)

# Fake Front Door: Desirability

Instagram Page

Landing Page

Results



Impressions: 6,322

Accounts Reached: 2,366

Profile Visits: 280

**1 out of every 8 people who saw the Instagram post visited the profile. (12.5%)**

Profile Visits: 280

Website Taps: 38

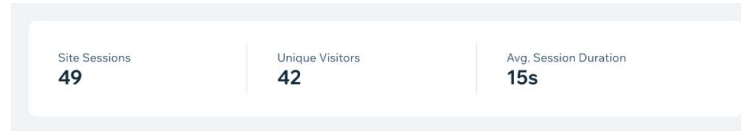
**1 out of every 7 people who checked the Instagram profile visited the website. (14.2%)**

# Fake Front Door: Desirability

Instagram Page

Landing Page

Results



<input type="checkbox"/>	Name	Phone	Last activity
<input type="checkbox"/>	athena.v7294@gmail.com		Dec 2, 2021
<input type="checkbox"/>	cypari77@gmail.com		Dec 1, 2021
<input type="checkbox"/>	janyax7pamcha@gmail.com		Dec 1, 2021
<input type="checkbox"/>	selenmedirect@gmail.com		Dec 1, 2021
<input type="checkbox"/>	snc2711@gmail.com		Dec 1, 2021
<input type="checkbox"/>	sushthi.vishwan@gmail.com		Dec 1, 2021

<input type="checkbox"/>	Name	Phone	Last activity
<input type="checkbox"/>	hindurac.91@gmail.com		Dec 1, 2021
<input type="checkbox"/>	hshapenhan22@gmail.com		Dec 1, 2021
<input type="checkbox"/>	ashutosh@shivakya.com		Dec 1, 2021
<input type="checkbox"/>	ashutosh@simon.rochester.edu		Dec 1, 2021
<input type="checkbox"/>	paragparhar28@gmail.com		Dec 1, 2021
<input type="checkbox"/>	bhuvan.mano@gmail.com		Nov 30, 2021



Website Taps: 42

Subscriptions: 12

**1 out of every 4 people who checked the website landing page expressed their interest in the product. (25%)**

# Thank You!

